

DUNEDIN SPRING 2016 - RELAYS

			1min @ VO2Max Pace		
First Name	Last Name	First 5k TT	VO2Max Pace (min/km)	VO2Max Turnaround (metres)	Total Distance (metres)
Aleisha	Robertson	26:55	5:37	90	180
Alison	Newall			#DIV/0!	#DIV/0!
Angela	Bishop			#DIV/0!	#DIV/0!
Carol	Chettleburgh			#DIV/0!	#DIV/0!
Cassidy	Armishaw	31:33.0	6:31	80	160
Chelsea	Gorton			#DIV/0!	#DIV/0!
Dana	Young	27:36.0	5:43	90	180
Hayley	Sincock	28:15.0	5:50	90	180
Jenny	Corlett	28:23.0	5:53	90	180
Jo	Nielson			#DIV/0!	#DIV/0!
Josh	McGregor	24:23.0	5:06	100	200
Kirsty	Fairbairn			#DIV/0!	#DIV/0!
Kursti	Annison	32:00.0	6:37	80	160
Kylie	James	28:22.0	5:52	90	180
Leah	Watts			#DIV/0!	#DIV/0!
Lynley	Lemow			#DIV/0!	#DIV/0!
Mark	Oliver	22:43.0	4:47	100	200
Mark	Shirley	22:48.0	4:48	100	200
Maxamillian	Shields	22:10.0	4:40	110	220
Millie	Davenport			#DIV/0!	#DIV/0!
Nicola	Hoodless	29:51.0	6:11	80	160
Rachel	Carr			#DIV/0!	#DIV/0!
Rowena	Davenport			#DIV/0!	#DIV/0!
Sonia	McGregor	24:27.0	5:07	100	200
Stella	Toomey	33:40.0	6:58	70	140
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