

VO2max Pace Relays

		1min @ VO2Max Pace		
First Name	Last Name	VO2Max	VO2Max Turnaround (metres)	Total Distance (metres)
Aaron	Skilton	3:56	130	260
Aidan	Potter	3:34	140	280
Alisa	Bennett			
Alison	Titulaer	4:54	100	200
Allan	Janes	3:28	140	280
Aly	Craigie	3:58	130	260
Amy	Lamont	4:31	110	220
Andrew	Capel	3:51	130	260
Anja	Borchardt	4:26	110	220
Anna	Williams	3:41	140	280
Anne	Corbett	4:01	120	240
Aurelie	Desjardins	4:09	120	240
Brendon	Johnston	3:44	130	260
Brigid	Du Burgess	4:19	120	240
Cameron	Smithson	4:49	100	200
Carl	Rogers	4:37	110	220
Carly	Harker	5:16	90	180
Caroline	McAleese	4:18	120	240
Casey	Armstrong	4:19	120	240
Charlotte	MacDonald	5:00	100	200
Chris	Baker	4:19	120	240
Christopher	Melley	4:00	130	260
Damian	Hoon	4:52	100	200
Darryl	King	4:04	120	240
Dave	Nunez	4:59	100	200
David	Fothergill	4:02	120	240
Emily	Reeves	5:14	100	200
Emma	Baker	4:30	110	220
Emma	Davies	5:14	100	200
Erin	Redwine	4:43	110	220
Esther	Bowe	4:28	110	220
Fama	Ndiaye	4:40	110	220
Fraser	Hamilton	3:40	140	280
Fred	Boles	4:18	120	240
Gah	Chan	4:24	110	220
Gareth	Evans	4:54	100	200
Hayden	Whitecliffe	4:08	120	240
Hilary	Fowler	4:24	110	220
Jaclyn	Lee	4:26	110	220
James	Slattery	3:20	150	300
Janice	Bunday	5:47	90	180
Jodee	Tahana	4:34	110	220
Jonathan	Drake	3:40	140	280
Julie	Moon	5:20	90	180

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First Name	Last Name	VO2Max	VO2Max Turnaround (metres)	Total Distance (metres)
Justin	Gregory	4:38	110	220
Justine	Herbstreit			
Karyn	Sands	5:28	90	180
Kirsten	McNee	4:45	110	220
Lee	Hohaia	5:03	100	200
Leroy	Golaboski	3:58	130	260
Luke	Watson			
Margaret	Reid	4:52	100	200
Martin	Searle	3:34	140	280
Mathilde	Lepoutre	5:00	100	200
Michael	Jenkinson	4:30	110	220
Michelle	Hearne	4:30	110	220
Moira	Barry	4:54	100	200
Nathan	Telford	4:28	110	220
Nicole	Archer	4:08	120	240
Nicole	Eichstaedt	4:20	120	240
Penny	Johnstone	4:36	110	220
Sally	Vernon	5:20	90	180
Samantha	Arnold	4:37	110	220
Samantha	Mildon	4:59	100	200
Sanchia	Kumalija	4:45	110	220
Sarah	Chapman	4:08	120	240
Sarah	Sinclair	4:26	110	220
Sarah	van Boheemen	5:07	100	200
Saskia	Batelaan	5:12	100	200
Shereen	White	4:26	110	220
Sian	Lilly	5:10	100	200
Sophie	Burridge	5:03	100	200
Sophie	Faulkner	5:03	100	200
Stephen	Campbell	4:04	120	240
Susie	Hyatt	4:34	110	220
Suzanne	Dennerly	5:01	100	200
Suzanne	Jeffels	4:50	100	200
Tom	Locke	3:55	130	260
Tony	Johns	4:18	120	240
Tracey	Lee	5:05	100	200
Valerie	Smith	5:41	90	180
Yano Adhitya	Tri Wibagyo	5:36	90	180
Yun (Allen)	Zhang			
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