

RACE PACE PRACTISE

28-Aug-17

First Name	Last Name	Half	Half Pace	Full	Full Pace
Abby	Oey	1:37:00	4:36	3:24:08	4:50
Alexandra	Troughton	2:14:25	6:22	4:42:54	6:42
Andrew	Capel	1:35:14	4:31	3:20:24	4:45
Anna	Scarth	1:45:10	4:59	3:41:21	5:15
Aurelie	Desjardins	1:44:33	4:57	3:40:03	5:13
Bridget	Lawrence	1:52:58	5:21	3:57:45	5:38
Cameron	Smithson	1:40:33	4:46	3:31:37	5:01
Cerise	McCormick	1:54:26	5:25	4:00:51	5:42
Chloe	Griveaud	1:52:54	5:21	3:57:36	5:38
Chris	Barker	2:08:38	6:06	4:30:43	6:25
Chris	Lawrence	1:26:07	4:05	3:01:14	4:18
Cynthia	Davis	2:05:29	5:57	4:24:03	6:15
Dan	Organ	2:08:28	6:05	4:30:24	6:24
Danni	Taylor	2:01:33	5:46	4:15:47	6:04
Dave	Nunez	1:35:09	4:31	3:20:14	4:45
Ewan	Morris	1:37:19	4:37	3:24:47	4:51
Gah	Chan	1:52:07	5:19	3:55:58	5:35
Gareth	Hodges	1:41:10	4:48	3:32:54	5:03
Gareth	Evans	1:53:12	5:22	3:58:15	5:39
Gilly	Davy	1:32:55	4:24	3:15:32	4:38
Hilary	Fowler	1:52:35	5:20	3:56:57	5:37
Ingrid	McClymont	2:18:17	6:33	4:51:01	6:54
Jim	Waite	1:37:56	4:38	3:26:05	4:53
Josh	Helm	1:31:31	4:20	3:12:36	4:34
Julie	Moon	2:04:15	5:53	4:21:28	6:12

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Katharine	Morgan	2:14:30	6:22	4:43:03	6:42
Kathy	Voss	2:11:52	6:15	4:37:32	6:35
Leah	Vidak	1:58:50	5:38	4:10:06	5:56
Luke	Watson	1:43:19	4:54	3:37:27	5:09
Margaret	Reid	2:20:03	6:38	4:54:45	6:59
Marie	Curtis	2:15:58	6:27	4:46:09	6:47
Martin	Searle	1:23:52	3:59	2:56:31	4:11
Michael	Jenkinson	1:58:32	5:37	4:09:27	5:55
Robert	Buchanan	1:36:00	4:33	3:22:01	4:47
Safra	Bacchus	2:12:29	6:17	4:38:50	6:36
Sandra	Hansen	2:03:28	5:51	4:19:50	6:09
Sarah	Sinclair	1:47:06	5:05	3:45:25	5:20
Sharon	Lee	2:02:19	5:48	4:17:24	6:06
Sophie	Burridge	2:23:41	6:49	5:02:23	7:10
Stephanie	Boyle	2:04:01	5:53	4:20:58	6:11
Steve	Merchant	2:00:14	5:42	4:13:01	6:00
Sue	Meltzer	1:59:41	5:40	4:11:53	5:58
Tom	Locke	1:38:05	4:39	3:26:24	4:53
Troy	Taylor	1:56:27	5:31	4:05:04	5:48
Yuriy	Halytskyy	1:31:50	4:21	3:13:15	4:35
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