

1-Minute VO2max Relays

First Name	Last Name	VO2Max	VO2Max Turnaround (metres)	Total Distance (metres)
Alastair	Burns	4:14	120	240
Allan	Bullot	4:03	120	240
Andrew	Capel	3:49	130	260
Andrew	Kerr	3:24	150	300
Anna	Mcrae	3:44	130	260
Aurelie	Desjardins	4:11	120	240
Brendon	Johnston	3:39	140	280
Cameron	Smithson	4:18	120	240
Caroline	McAleese	4:21	110	220
Esther	Bowe	4:27	110	220
Ewan	Morris	4:00	130	260
Fleur	Walter	3:35	140	280
Gah	Chan	4:19	120	240
Gareth	Evans	4:34	110	220
Gilly	Davy	3:40	140	280
Hilary	Fowler	4:17	120	240
James	Davies	4:22	110	220
James	Slattery	3:16	150	300
Jared	Schulz	4:45	110	220
Jim	Waite	3:48	130	260
Joe	Sweeney	3:45	130	260
Jonathan	Drake	3:56	130	260
Julia	Wong	4:39	110	220
Julie	Moon	4:52	100	200
Kate	Hutchings	5:01	100	200
Katie	Smith	3:27	140	280
Kirsten	Hill	5:31	90	180
Margaret	Reid	5:09	100	200
Marie	Curtis	5:27	90	180
Mariela	Barale Baricc	4:26	110	220
Martin	Searle	3:29	140	280
Mathilde	Lepoutre	4:47	100	200
Matthew	Pickering	4:29	110	220
Michael	Jenkinson	4:34	110	220
Michelle	Hearne	4:30	110	220
Michelle	Paulin	4:01	120	240
Nicole	Archer	4:04	120	240
Paul	Wilson	4:34	110	220
Penny	Johnstone	4:41	110	220
Rebecca	Mairs	4:40	110	220
Sam	Jeffels	4:12	120	240
Sarah	Sinclair	4:20	120	240
Sharon	Lee	4:51	100	200
Shereen	White	4:11	120	240
Stephanie	Boyle	4:55	100	200
Steve	Merchant	4:37	110	220
Sue	Lowe	4:38	110	220
Susie	Hyatt	4:28	110	220
Suzanne	Jeffels	4:32	110	220
Valerie	Smith	5:40	90	180
Yano	Adhitya	4:54	100	200
First Name	Last Name	VO2Max	VO2Max Turnaround (metres)	Total Distance (metres)