

Wgtn VO2max Relay (1min)

Autumn 2017

First Name	Last Name	VO2Max	VO2Max Turnaround (metres)	Total Distance (metres)
Adrian	Thompson	4:18	120	240
Alastair	Henshaw	4:39	110	220
Alex	MacAvoy			
Angela	Prestidge	4:46	110	220
Annie	Van Herck	4:54	100	200
Bridget	Thomson	5:11	100	200
Cathy	Finnimore	4:31	110	220
Eoin	Davidson	4:46	100	200
John	Langham	3:29	140	280
Jon	Saunders	4:13	120	240
Julie	Collow	4:17	120	240
Kate	Davey	4:45	110	220
Kirsty	Macgregor	4:59	100	200
Lee-ann	Coutts			
Linda	Mcarthur	3:57	130	260
Liz	McKenna	4:27	110	220
Malcolm	Davidson	4:18	120	240
Megan	Keenan	5:08	100	200
Nancy	Linton	4:06	120	240
Neven	MacEwan			
Nicola	Beentjes	5:39	90	180
Polly	Schaverien	4:52	100	200
Rebecca	McAtamney	4:49	100	200
Ruth	Noakes	4:33	110	220
Sara	Blake	4:52	100	200
Stephen	Bates			
Tanya	Dunlop	6:04	80	160
Victoria	Wilks	4:58	100	200
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